

**MODULE SPECIFICATION FORM**

Module Title: <b>Clinical Psychology</b>	Level: 6	Credit Value: 20
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Module code: PSY607	Cost Centre: GAPS	JACS3 code: C800
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Trimester(s) in which to be offered: 1 or 2	With effect from: Sept 2014
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<b>Office use only:</b> To be completed by AQSU:	Date approved: February 2014 Date revised: Aug 2020 updated ML and reading list
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Version no: 2

Existing/New Existing	Title of module being replaced (if any):
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Originating Academic Department: Psychology	Module Leader: Jo Turley
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Module duration (total hours): 200 Scheduled learning & teaching hours: 48 Independent study hours: 152	Status: core/option/elective Option (identify programme where appropriate):
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Programme(s) in which to be offered: BSc (Hons) Psychology	Pre-requisites per programme (between levels): None
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<b>Module Aims:</b>  To acquaint students with the main aspects of the discipline of Clinical Psychology.
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### **Intended Learning Outcomes:**

At the end of this module, students should be able to:

1. Critically discuss the key components of the development of Clinical Psychology as a profession (KS1, KS5)
2. Critically explore how concepts and models of psychological disorder have developed, and their relation to psychological research and clinical practice (KS 6, KS9)
3. Critically evaluate at least two approaches to psychological treatment e.g. psychodynamic, cognitive, and interpersonal (KS7)

#### *Key skills for employability*

1. *Written, oral and media communication skills*
2. *Leadership, team working and networking skills*
3. *Opportunity, creativity and problem solving skills*
4. *Information technology skills and digital literacy*
5. *Information management skills*
6. *Research skills*
7. *Intercultural and sustainability skills*
8. *Career management skills*
9. *Learning to learn (managing personal and professional development, self-management)*
10. *Numeracy*

### **Assessment:**

1. An essay on a specified topic e.g. the contrasting approaches of differing schools of psychology to one of the key concepts covered by this module.
2. Practical report e.g. Aspects of culture in eating disorders.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting	Duration (if exam)	Word count (or equivalent if appropriate)
1	1, 2	Essay	50%		2000
2	3	Report	50%		2000

### **Learning and Teaching Strategies:**

The module is delivered using 12 lectures (each 2 hours) and 12 practical sessions or workshops (each 2 hours) including teaching or guided learning to support the lecture content.

**Syllabus outline:**

- Historical concepts
- Clinical psychology as a profession
- The scientist-practitioner model of clinical psychology
- Cultural aspects in assessment, diagnosis and treatment
- Concepts of normality/abnormality
- Anxiety
- Schizophrenia
- Mood disorders
- Eating disorders
- Dementia
- Evaluating outcomes in intervention and therapy

**Bibliography:****Essential reading:**

Davey, G. (2014). *Psychopathology: Research, assessment, and treatment in clinical psychology*. Chichester, UK: BPS Wiley.

**Other indicative reading:**

Comer, K.J. (2014). *Fundamentals of abnormal psychology*. (4<sup>th</sup> Ed). New York: Worth Publishers.

Bennett, P. (2011). *Abnormal and clinical psychology: An introductory textbook*. (3<sup>rd</sup> Ed). Milton Keynes, UK: Open University Press.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Arlington, VA: Author.

**Journals:**

British Journal of Clinical Psychology

British Journal of Psychiatry

Professional Psychology: Research and Practice

Journal of Abnormal Psychology

The Psychologist

Psychological Assessment

American Psychologist

Clinical Psychology: Science and Practice

Psychotherapy